All area codes are 970 unless otherwise noted.

Emergency Service (911)

G # 11 G / G	• . •		
Garfield County Co			
Aspen	Fire	925-5532	
	Ambulance	544-1583	
	Police	920-5400	
Basalt	Fire/Ambulance	704-0675	
	Police	927-4316	
Carbondale/	Fire/Ambulance	963-2491	
Redstone	Police	963-2662	
Glenwood Springs	Fire/Ambulance	384-6480	
	Police	384-6500	
New Castle	Ambulance	945-9151	
	Police	984-2302	
Parachute	Ambulance	911	
	Police (GarCo Sheriff's Dept.)	625-8095	
Silt	Ambulance	625-1899	
	Police	876-2735	
Rifle	Ambulance	911	
•	Police	625-8095	
Colorado State Patrol		945-6198	
Colorado Road Rej	Colorado Road Report		
www.cotrip.org			
·		·	

The Garfield County Human Services Commission, a volunteer group of leaders in local government agencies, nonprofits and the general citizenry, holds monthly meetings that are open to the public. Meetings are held on the second Wednesdays of the month and alternate between meeting sites in Glenwood Springs and Rifle. For more information, please contact the HSC elected secretary at 948-1002.

Crisis Lines

Advocate Safehouse Project (Garfield County)	
Promotes healthy relationships free from violence	
Help Line	945-4439, 285-0209
Administration	945-2632
www.advocatesafehouse.org	
AIDS Hotline	800-342-2437
Arson Hotline	800-342-2437
Aspen HOPE Center	925-5858
www.aspenhopecenter.org	
Cocaine Hotline	800-262-2463
Mind Springs Health	888-207-4004
Poison Control	800-222-1222
RESPONSE	
Help for Victims of Domestic Violence & Sexual Assault	•
(Pitkin and West Eagle County)	
Help Line	920-SAFE (7233)
Administration	920-5357
Runaway Hotline	800-621-4000
Suicide Helpline	800-784-2433
	800-SUICIDE
	800-273-TALK (8255)
Spanish Suicide Helpline	800-SUICIDA

All area codes are 970 unless otherwise noted.

Emergency Assistance/Basic-needs Services

Aspen HOPE Center	925-5858
www.aspenhopecenter.org	
Catholic Charities	384-2060
Supporting all community members by meeting basic needs	
www.ccdenver.org	
Defiance Thrift Store	945-0234
LIFT-UP	
Providing food and other basic assistance to our neighbors in need	
Aspen	544-2009
Basalt	279-1492
Carbondale	963-1778
Glenwood	945-2005
New Castle	948-2115
Parachute	285-7903
Rifle	625-4888
www.liftup.org	
LIFT-UP Extended Table ("soup kitchen")	
Glenwood and Rifle locations	625-4496
Reach-Out Colorado	309-0384
Serving Rifle and Parachute with basic emergency needs	
www.reach-out-colorado.org	
River Center	984-4333
Neighbors helping neighbors	
www.rivercenternewcastle.org	

The Salvation Army	945-6976
Providing emergency services from Basalt to Parachute	
Facebook.com/SalvationArmyGlenwood Western Colorado Chapter of the American Red Cross	
Business hours	242-4851
Emergency after hours	210-9742
VIA-Valley Information & Assistance	
Aspen	544-5545

Don't forget to:

- direct people to 2-1-1 and www.wc211.org
- maintain your organization's agency's current contact info. at Western Colorado 2-1-1

All area codes are 970 unless otherwise noted.

Adult Education

Colorado Mountain College Aspen Campus 925-7740 Carbondale Center 963-2172 Central Administration 945-8691 945-7486 Glenwood Springs Center Rifle Campus 625-1871 **Spring Valley Center** 945-7481 www.coloradomtn.edu **English in Action** 963-9200 www.englishinaction.org CMC's Gateway Wo/Men In Transition 384-8518 www.coloradomtn.edu/partnerships/gateway **Glenwood Workforce** 945-8638 **Literacy Outreach** 945-5282 Basic literacy skills for adults in Garfield County www.literacyoutreach.org Rifle Workforce 625-5627 963-0851 **Valley Settlement Project** School readiness, elementary school achievement, economic stability, community engagement www.valleysettlementproject.org **University of Denver Western CO MSW Program** 945-1133 www.du.edu/socialwork/programs/wcolorado.html

Child and Adolescent Services

Aspen HOPE Center	925-5858
www.aspenhopecenter.org	
Court Appointed Special Advocates of the Nint	h Judicial District
(CASA of the Ninth)	987-4332
Volunteer Advocates for children in the Dependency and N	Neglect Court System
www.casaoftheninth.org	
Colorado Child Abuse and Neglect Hotline	44-CO-4-KIDS
All calls are confidential and will be routed to the county w	here the child resides.
River Bridge Regional Center	945-5195
Services for child abuse victims and their families	
www.riverbridgerc.org	
Mind Springs Health	
Aspen	920-5555
Glenwood Springs	945-2583
Rifle	625-3582
www.mindspringshealth.org	
Family Visitor Programs	945-1234 Ext 20
Free Visits for all new parents from Aspen to Parach	ute
www.familyvisitor.org	
Bright Beginnings	945-1234 Ext 25
1x visits for ALL parents of children birth to 36 month	hs
Partners for a Healthy Baby	945-1234 Ext 20
Parent education during pregnancy and after the bab	-
Nurse Family Partnership	945-1234 Ext 27
Services for 1st time pregnant moms until their baby is	
Healthy Families America	945-1234 Ext 20
Intensive visits for parents of newborns until bal	by is 3
Garfield County Public Health Immunizations	
Glenwood Springs	945-6614
Rifle	625-5200

Child and Adolescent Services (continued)

La Leche League	945-6726	YouthZone	
Breastfeeding Support		Helping communities raise great kids	
Mothers of Preschoolers (MOPS)	945-5616	Aspen	920-5702
Mountain Valley Developmental Services	945-2306	Carbondale	963-0618
Resources for people with developmental disabilities	,	Glenwood Springs	945-9300
www.mtnvalley.org		Rifle	625-3141
Raising A Reader Aspen to Parachute	230-9117	www.youthzone.com	
Books for children & literacy-development guidance for parents		Youth Recovery Center at Valley View Hospital	384-7470
www.rar4kids.org			
Reach Out and Read Colorado	987-9933	Child Care Referral and Assista	nca
Helping to prepare Colorado's youngest children succeed in school		Cliffu Care Referral and Assistan	iice
www.reachoutandreadco.org			
Rifle Moms for Moms	319-7057	Child Care Licensing and Quality	844-447-4441
Free local resource for parents to connect and inform		Garfield County DHS	
www.riflemomsformoms.com		www.coloradoshines.com	
Roaring Fork Family Resource Centers		Colorado Preschool Program	384-6010
Meeting health needs of students and families		Early Childhood Network	928-7111
Basalt	384-5855	Promoting quality childcare education and resources	
Carbondale	384-5796		
Glenwood Springs	384-6055	Child and Youth Programs	
Executive Offices	384-5694		
www.rffrc.org		Access AfterSchool	963-4402
Sopris Therapy Services	948-1002	www.AccessAfterSchool.org	903-4402
Equine Assisted Therapy/Rehab. for Children, Adults and Veterans		Aspen Youth Center	925-7091
www.SoprisTherapyServices.org		•	923-7091
Stepping Stones of the Roaring Fork Valley	319-2413	www.aspenyouthcenter.org	242.0246
Empowering Youth to Self-Sufficiency		Boy Scouts of America	243-0346
www.steppingstonesrfv.org		www.scouting.org/	
Valley Settlement Project	963-0851	The Buddy Program	
School readiness, elementary school achievement, economic sta	ability,	Aspen	920-2130
community engagement		Basalt	927-1001
www.valleysettlementproject.org		www.buddyprogram.org/	

All area codes are 970 unless otherwise noted.

Child and Youth Programs (continued)

Family Visitor Programs	945-1234 Ext 20
Free Visits for all new parents from Aspen to Para	chute
www.familyvisitor.org	
Bright Beginnings	945-1234 Ext 25
1x visits for ALL parents of children birth to 36 m	onths
Partners for a Healthy Baby	945-1234 Ext 20
Parent education during pregnancy and after the l	baby's birth
Nurse Family Partnership	945-1234 Ext 27
Services for 1st time pregnant moms until their bal	by is 2
Healthy Families America	945-1234 Ext 20
Intensive visits for parents of newborns until	baby is 3
First Ascent Youth Leadership at CMC	947-8357
4-H - Garfield County CSU Extension	625-3969
www.extension.colostate.edu/garfieldcount	y
Girl Scouts	242-4461
www.girlscoutsofcolorado.org/	
Reach Out and Read Colorado	987-9933
Helping to prepare Colorado's youngest children succeed	ed in school
www.reachoutandreadco.org	
Sopris Therapy Services	948-1002
Equine Assisted Therapy/Rehab. for Children, Adults a	nd Veterans
www.SoprisTherapyServices.org	
Valley Settlement Project	963-0851
School readiness, elementary school achievement,	economic stability,
community engagement	
www.valleysettlementproject.org	
YouthZone	
Helping communities raise great kids	
Aspen	920-5702
Carbondale	963-0618
Glenwood Springs	945-9300
Rifle	625-3141
www.youthzone.com	

WindWalkers EAL & Therapy Center	963-2909
Equine Assisted Learning and Therapy Services	
www.windwalkerstrc.org	

Disabilities

See Services to People with Disabilities listings.

Domestic Violence/Sexual Violence

Aspen HOPE Center	925-5858
www.aspenhopecenter.org	
Advocate Safehouse Project	
Promotes healthy relationships free from violence	
Help Line	945-4439
Help Line	285-0209
Administration	945-2632
www.advocatesafehouse.org	
RESPONSE	
Help for Victims of Domestic Violence & Sexual Assault	
(Pitkin and West Eagle County)	
Help Line	920-SAFE (7233)
Administration	920-5357

Domestic Violence/Sexual Violence Support Groups

RESPONSE Help for Victims of Domestic Violence & Sexual Assault (Pitkin and West Eagle County)	
Help Line	920-SAFE (7233)
Administration	920-5357

Advocate Safehouse Project	
Promotes healthy relationships free from violence	
Help Line	945-4439
Help Line	285-0209
Administration	945-2632
www.advocatesafehouse.org	

Drug and Alcohol Abuse Counseling

Celebrate Recovery	
New Castle (Betty Collins)	618-4682
Rifle (Kate Fratzky)	948-0400
Celebrate Recovery Inside, local/state jail program	
(Bill Orthwein)	379-3179
12-step program for freedom from hurts, hangups, and habits	
Mind Springs Health	
Aspen	920-5555
Glenwood Springs	945-2583
Rifle	625-3582
www.mindspringshealth.org	

Inpatient Services

Youth Recovery Center at Valley View Hospital	384-7470

Prevention

Regional Prevention Specialist	800-819-9174
Suicide Prevention Education	948-6108
Valley Partnership for Drug Prevention	925-5188

YouthZone	
Helping communities raise great kids	
Aspen	920-5702
Carbondale	963-0618
Glenwood Springs	945-9300
Rifle	625-3141
www.youthzone.com	

Support Groups

Aspen HOPE Center	925-5858
www.aspenhopecenter.org	
Alcoholics Anonymous	928-0499
Al-anon/Alateen	888-966-4662
Celebrate Recovery	
New Castle (Betty Collins)	618-4682
Rifle (Kate Fratzky)	948-0400
Celebrate Recovery Inside, local/state jail program	ı
(Bill Orthwein)	379-3179
12-step program for freedom from hurts, hangups, and habits	
Narcotics Anonymous	800-912-4597
Youth Recovery Center at Valley View Hospital	384-7474
Colorado Quit Line (Cigarettes)	800-639-QUIT
www.co.quitnet.com	
HEARTBEAT of Glenwood Springs Support for Survivors of Suicide: 2nd Tuesday of month	945-1398

Employment/Training

Colorado Department of Vocational Rehabilitation Working with disabled individuals to remain or reenter the workp www.dvrcolorado.com/	945-1042 lace
Colorado Workforce Center	
Employment related services for adults and youth	
Glenwood Springs	945-8638
Rifle	625-5627
www.yourworkforcecenter.com	
Go2Work Workshops	384-8523
Assistance with resumes, job searches and computer skills	
coloradomtn.edu/partnerships/go2work_programs	
Center for Independence	270-1948
Assistance for people with disabilities and seniors.	
www.cfigj.org	
Unemployment Claims and Information	800-388-5515
Workman's Compensation	888-390-7936

Food

Adventist Community Service Center	625-1215
Serving needs in Garfield County with food, clothes, etc.	
Food Stamps	
Pitkin/Eagle County	704-2777
Garfield County (Glenwood Office)	945-9191
Garfield County (Rifle Office)	625-5282
LIFT-UP	
Providing food and other basic assistance to our neighbors in need	
Aspen	544-2009
Basalt	279-1492
Carbondale	963-1778
Glenwood	945-2005
New Castle	948-2115
Parachute	285-7903
Rifle	625-4888
www.liftup.org	
LIFT-UP Extended Table ("soup kitchen")	
Glenwood and Rifle locations	625-4496
Reach-Out Colorado	309-0384
Serving Rifle and Parachute with basic emergency needs	
www.reach-out-colorado.org	
Aspen Thrift Shop	925-3121
Women, Infant & Children Nutrition	
Community Health Services (Aspen)	920-5420
Garfield County (Glenwood)	945-6614
Garfield County (Rifle)	625-5200

Health Services (clinics, referrals, etc.)

Aspen to Parachute Dental Health Alliance	309-2064
Making oral health a community priority	
www.mygreatteeth.org	
Columbine Home Health	945-8050
www.columbinehomehealth.info	
Garfield County Public Health Immunizations	
Glenwood Springs	945-6614
Rifle	625-5200
Community Health Services of Pitkin County	920-5420
HomeCare & Hospice of the Valley	930-6008
www.hchotv.org	
Mountain Family Health	945-2840
Mountain Valley Developmental Services	945-2306
Resources for people with developmental disabilities	
www.mtnvalley.org	
Pathfinders for Cancer	925-1226
Planned Parenthood (Glenwood Springs)	945-8631
Affordable reproductive health care	
www.pprm.org	
Pregnancy Resource Center	945-5562
Homeless Shelters	
Aspen Homeless Shelter	925-1342
www.aspensafetynet.org	
Feed My Sheep	928-8340
24/7 access and referral	309-0825

Hospitals and Clinics

Aspen Valley Hospital	920-1120
Grand River Hospital District (Rifle)	625-1510
Valley View Hospital (Glenwood)	945-6535
Mountain Family Health	945-2840

Housing

Aspen Pitkin Housing Authority	920-5050
Carbondale Housing Authority (senior housing only)	963-9326
Garfield County Housing Authority	
Rental assistance, senior housing, community housing administrati	ion
Glenwood Office	945-3072
Rifle Office	625-3589
Silt Senior Housing	625-3589
Valley Senior Housing (Parachute)	625-3589
Habitat for Humanity	963-8555
Manor One (Glenwood Springs)	945-9326
Manor Two (Glenwood Springs)	945-8322
Mountain Regional Housing Corp. (Carbondale)	704-9801
Rifle Housing Authority (senior housing only)	625-3974
Sunnyside Retirement Center	945-9234

Immigrant Services

Catholic Charities - Immigration Services	384-2060
www.ccdenver.org	
US Citizenship & Immigration Services	800-375-5283
Valley Settlement Project	963-0851
School readiness, elementary school achievement, economic www.valleysettlementproject.org	c stability

Legal Services

Alpine Legal Services	
Civil legal services to indigent, crime victims & seniors	
Aspen	920-3032
Glenwood Springs	945-8858
Court Appointed Special Advocates of the Ninth Judicia	al District
(CASA of the Ninth)	987-4332
Volunteer Advocates for children in the court system	
www.casaoftheninth.org	
Catholic Charities - Community Immigration Services	384-2060
www.ccdenver.org	
Crime Stoppers of Garfield County	945-0101
District Attorney's Office	945-8635
Victim/Witness Assistance Project	
Garfield County	945-8635
Pitkin County	920-5341
Libraries	
Garfield County Public Library District	
Connecting our communities to a world of possibilities	
Administration	625-4270
Carbondale Branch Library	963-2889
Glenwood Springs Branch Library	945-5958
New Castle Branch Library	984-2346
Parachute Branch Library	285-9870
Rifle Branch Library	625-3471
Silt Branch Library	876-5500
(For homebound services, please call local branch.)	
www.gcpld.org	
Basalt Library	927-4311

www.basaltlibrary.org

Mental Health

Aspen HOPE Center	925-5858
www.aspenhopecenter.org	
Celebrate Recovery	
New Castle (Betty Collins)	618-4682
Rifle (Kate Fratzky)	948-0400
Celebrate Recovery Inside, local/state jail program	
(Bill Orthwein)	379-3179
12-step program for freedom from hurts, hangups, and habits	
HEARTBEAT of Glenwood Springs	945-1398
Support for Survivors of Suicide: 2nd Tuesday of month	
Mind Springs Health	
Aspen	920-5555
Glenwood Springs	945-2583
Rifle	625-3582
www.mindspringshealth.org	
Riding Institute for Disabled Equestrians (RIDE)	867-2987
Equine therapy for children and adults	
www.Coloradoride.org	
Sopris Therapy Services	948-1002
Equine Assisted Therapy/Rehab. for Children, Adults and Veterans	
www.SoprisTherapyServices.org	
WindWalkers EAL & Therapy Center	963-2909
Equine Assisted Learning and Therapy Services	
www.windwalkerstrc.org	
Non-profit Support/Grant Maker	
United Way Battlement to the Bells	625-8189
Championing charitable giving for local communities	
www.unitedwaybb.org	

Schools

Aspen School District		Glenwood Springs	
Aspen Community School	923-4080	Glenwood Springs High School	384-5555
Aspen Elementary School	925-3760	Glenwood Springs Middle School	384-5500
Aspen Middle School	925-3760	Glenwood Springs Elementary School	384-5450
Aspen High School	925-3760	Sopris Elementary School	384-5400
Garfield County District 16		Roaring Fork School District – District Wide	
(Parachute/ Battlement Mesa/Grand Valley)		Career Center/Vocational Technical	384-5980
Administration Office	285-5701	District Office	384-6000
Bea Underwood Elementary School	285-5703	Family Resource Center of the	384-5694
Grand Valley Early Childhood Literacy Center	285-5702	Roaring Fork School District	
Grand Valley High School	285-5705	Connecting families, schools and communities	
L.W. St. John Middle School	285-5704	www.rffrc.org	
Rocky Mountain SER Head Start	285-0148	Garfield Re-2 School District	
Mountain BOCES	_	Re-2 District Office	665-7600
Yampah Mountain High School	945-9463	Support Services	665-7617
Roaring Fork School District RE-1		Transportation	665-7630
Basalt		New Castle	
Basalt Elementary School	384-5800	Kathryn Senor Elementary	665-7700
Basalt Middle School	384-5900	Riverside Middle School	665-7800
Basalt High School	384-5959	Silt	
Carbondale		Cactus Valley Elementary	665-7850
Bridges High School	384-5995	Coal Ridge High School	665-6700
Carbondale Middle School	384-5700	Rifle	
Crystal River Elementary School	384-5620	Highland Elementary	665-6800
Carbondale Community School	963-9647	Rifle Middle School	665-7900
Roaring Fork High School	384-5757	Rifle High School	665-7725
Rocky Mountain SER Head Start	963-9121	Rocky Mountain SER Head Start	665-7957
•		Wamsley Elementary	665-7950

All area codes are 970 unless otherwise noted.

Senior Services

Alzheimer's Special Care Units

Colorado State Veterans Nursing Home	625-0842
Post-acute Rehab Center, and Skilled Nursing Care	
www.colorado.gov/cdhs/veteranshomes	
Assisted Living	
Creekside Assisted Living	945-5155
Crossroads Assisted Living	625-4343
www.crossroadsalc.org	
Heritage Park Care Center	963-1500
www.heritageparkcarecenterco.com	
Mesa Vista Assisted Living	285-1844
www.seniorhousingoptions.org/properties	/mesa-vista/
Open Gate	945-5855
www.opengateassistedliving.com	
Whitcomb Terrace Assisted Living	544-1530
www.aspenvalleyhospital.org/page.cfm?pa	ageid=21564
Fitness for Seniors	
Garfield County Senior Well and Wise	945-9191 Ext. 3061
Evidence-based exercise class for those 50+	
Pitkin County Senior Services	920-5432
Silver Sneakers	
Carbondale	704-4190
Glenwood	945-4440
New Castle	984-3200

Sopris Therapy Services	948-1002
Equine Assisted Therapy/Rehab. for Children, Adults and Veterans	
www. Sopris The rapy Services. org	
WindWalkers EAL & Therapy Center	963-2909
Equine Assisted Learning and Therapy Services	
www.windwalkerstrc.org	
High Country RSVP	947-8462
Let us help you find meaningful volunteer opportunities!	
www.highcountryrsvp.org	
AARP Driving Class Driver Safety for 50+	384-8747
ARRP Tax-aide	384-8740
Helping Hands for Seniors (Handyman)	384-8746
Medicare Counseling	384-8744
Home Health Care	304-0744
Home Health Care	
Home Health Care Columbine Home Health	945-8050
Home Health Care Columbine Home Health www.columbinehomehealth.info	
Home Health Care Columbine Home Health www.columbinehomehealth.info InnovAge (for profit)	945-8050
Home Health Care Columbine Home Health www.columbinehomehealth.info InnovAge (for profit) www.myinnovage.org	945-8050
Home Health Care Columbine Home Health www.columbinehomehealth.info InnovAge (for profit)	945-8050 947-5201
Home Health Care Columbine Home Health www.columbinehomehealth.info InnovAge (for profit) www.myinnovage.org HomeCare & Hospice of the Valley	945-8050 947-5201
Home Health Care Columbine Home Health www.columbinehomehealth.info InnovAge (for profit) www.myinnovage.org HomeCare & Hospice of the Valley	945-8050 947-5201
Home Health Care Columbine Home Health www.columbinehomehealth.info InnovAge (for profit) www.myinnovage.org HomeCare & Hospice of the Valley www.hchotv.org	945-8050 947-5201
Columbine Home Health www.columbinehomehealth.info InnovAge (for profit) www.myinnovage.org HomeCare & Hospice of the Valley www.hchotv.org Senior Housing	945-8050 947-5201 930-6008

Senior Services (continued)

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Senior	Housing	(cont.)
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Garfield County Housing Authority	
Rental assistance, senior housing, community housing administration	
Glenwood Office	945-3072
Rifle Office	625-3589
Silt Senior Housing	625-3589
Valley Senior Housing (Parachute)	625-3589
Habitat for Humanity	963-8555
Manor One (Glenwood Springs)	945-9326
Manor Two (Glenwood Springs)	945-8322
Mountain Regional Housing Corp. (Carbondale)	704-9801
Rifle Housing Authority (senior housing only)	625-3974
Sunnyside Retirement Center	945-9234

Information/Referral and Case Management for Seniors

270-1948
945-9191 Ext. 3061
920-5432

Nursing Homes / Senior Centers / Adult Day Care

Colorado State Veterans Nursing Home	625-0842
Post-acute Rehab Center and Skilled Nursing Care	
www.colorado.gov/cdhs/veteranshomes	

E. Dene Moore Memorial Home	625-1514
Grace Health Care	945-5476
Heritage Park Care Center	963-1500
Sunnyside Retirement / Club 60	945-9234
Rifle Senior Center	625-1877
Valley Senior Center (Parachute)	285-7216
Senior Matters (Carbondale)	945-7094
	963-2356
Nursing Home Transition	
Colorado State Veterans Nursing Home	625-0842
Post-acute Rehab Center and Skilled Nursing Care www.colorado.gov/cdhs/veteranshomes	
Senior Matters (Carbondale)	945-7094
	963-2356
Nutrition Programs	
Meals on Wheels (Glenwood Springs)	945-0373
Meals on Wheels via Grand River Health	625-6423
(New Castle, Silt, Rifle, Parachute/Battlement Mesa)	
http://grandriverhealth.org/mealsonwheels/	
Pitkin County Senior Services	
Aspen (Mon, Wed, Fri)	920-5432
River Center Network Luncheon	984-0373
(Held on Wednesdays)	

Senior Services (continued)

Services to People with Disabilities

Nutrition Programs (cont.)	
Senior Meal Sites	
Carbondale (Wednesday)	945-9117
Glenwood Springs (Tuesday, Friday)	945-9117
Parachute (Wednesday)	285-7216
Rifle (Tuesday, Thursday, Friday)	625-1366
New Castle (Monday)	625-1366
Silt (Wednesday)	625-1366
Sunnyside (Glenwood Springs)	945-8197
Garfield County Senior Nutrition Program 7 meal sites in Garfield County serving lunch at noon	945-9191 Ext. 3061
Western Garfield County Meals on Wheels	625-6423
Western Garneiu County Mears on Whiteis	023-0723
(New Castle to Parachute) Senior Recreation Programs	023-0423
(New Castle to Parachute)	920-5432
(New Castle to Parachute) Senior Recreation Programs	
(New Castle to Parachute) Senior Recreation Programs Pitkin County Senior Services	
(New Castle to Parachute) Senior Recreation Programs Pitkin County Senior Services Silver Sneakers	920-5432
(New Castle to Parachute) Senior Recreation Programs Pitkin County Senior Services Silver Sneakers Carbondale	920-5432 704-4190
(New Castle to Parachute) Senior Recreation Programs Pitkin County Senior Services Silver Sneakers Carbondale Glenwood	920-5432 704-4190
(New Castle to Parachute) Senior Recreation Programs Pitkin County Senior Services Silver Sneakers Carbondale Glenwood Senior Transportation	920-5432 704-4190 945-4440
(New Castle to Parachute) Senior Recreation Programs Pitkin County Senior Services Silver Sneakers Carbondale Glenwood Senior Transportation Traveler Program	920-5432 704-4190 945-4440
(New Castle to Parachute) Senior Recreation Programs Pitkin County Senior Services Silver Sneakers Carbondale Glenwood Senior Transportation Traveler Program Glenwood Springs/Carbondale	920-5432 704-4190 945-4440

Center for Independence	270-1948
Assistance for people with disabilities and seniors.	
www.cfigj.org	
Challenge Aspen	923-0578
challengeaspen.org	
Colorado Department of Vocational Rehabilitation	945-1042
Working with disabled individuals to remain or reenter the workplace	
www.dvrcolorado.com/	
Columbine Home Health	945-8050
www.columbinehomehealth.info	
Riding Institute for Disabled Equestrians (RIDE)	867-2987
Equine therapy for children and adults	
www.Coloradoride.org	
Mountain Valley Developmental Services	945-2306
Resources for people with developmental disabilities	
www.mtnvalley.org	
Special Olympics of Colorado	954-0395
www.specialolympicsco.org/	
Sopris Therapy Services	948-1002
Equine Assisted Therapy/Rehab. for Children, Adults and Veterans	
www.SoprisTherapyServices.org	
Valley Life for All	319-1279
Connecting our valley resources for people with disabilities	
www.valleylifeforall.org	
WindWalkers EAL & Therapy Center	963-2909
Equine Assisted Learning and Therapy Services	200 = 200
www.windwalkerstrc.org	

All area codes are 970 unless otherwise noted.

Social Security

Center for Independence	270-1948	Alcoholics Anonymous	
Social Security Benefits Counseling		Al-anon/Alateen	888
General Information	800-772-1213	Narcotics Anonymous	800
Glenwood Springs Office	945-8609	Youth Recovery Center at Valley View Hospital	
Social Services		Colorado Quit Line (Cigarettes) www.co.quitnet.com	800
Child and Adult Protection		HEARTBEAT of Glenwood Springs Support for Survivors of Suicide: 2nd Tuesday of month	
Garfield County	945-9193	Support for Survivors of Suiciae: 2na Tuesaay of month	
Pitkin County	429-2040	Veterans' Services	
Garfield County Department of Human Services		veterans bervices	
Rifle DHS Main Office	625-5282	Center for Independence	
Glenwood Springs DHS Office	945-9191	Assistance for people with disabilities and seniors.	
www.garfield-county.com		www.cfigj.org	
Public Assistance (Food Assistance/Medicaid)		Riding Institute for Disabled Equestrians (RIDE)	
Garfield County	945-9191	Equine therapy for children and adults	
Garfield County (Rifle)	625-5282	www.Coloradoride.org	
Pitkin/Eagle County	704-2777	Western Slope Veterans Coalition	
Social Security Administration	866-220-7898	Sopris Therapy Services	
201 14 th St Suite 101		Equine Assisted Therapy/Rehab. for Children, Adults and Veteran	S
Glenwood Springs, CO 81601		www.SoprisTherapyServices.org	
Women, Infants and Children Nutrition (WIC)		WindWalkers EAL & Therapy Center	
Community Health Services (Aspen)	920-5420	Equine Assisted Learning and Therapy Services	
Garfield County (Glenwood)	945-6614	www.windwalkerstrc.org	
Garfield County (Rifle)	625-5200		
Support Groups		Volunteers	
Support Groups		High Country RSVP	
Aspen HOPE Center	925-5858	Let us help you find meaningful volunteer opportunities!	
www.aspenhopecenter.org		www.highcountryrsvp.org	
		Medical Reserve Corps	
		Volunteers for the community in emergency needs	

928-0499

888-966-4662 800-912-4597 384-7474

800-639-QUIT

945-1398

270-1948

867-2987

319-7900 948-1002

963-2909

947-8462

625-3393